

# COVID-safe behaviours for the workplace

*Follow this advice to protect yourself and others.*



Wash your hands frequently for at least 20 seconds. Use alcohol-based hand sanitiser if hand washing is not available.



Cover coughs and sneezes with a tissue or the inside of your elbow. Dispose of used tissues immediately using a rubbish bin.



Stay 1.5 metres away from other people.



Clean and disinfect frequently touched surfaces, equipment and shared spaces.



Stay home if you have cold or flu-like symptoms.  
Get tested for COVID-19.

**KEEP  
ON TOP OF  
COVID**

Keep up to date.  
[www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)