COVID-19 affects different people in different ways. Most people will develop mild to moderate illness and recover without hospitalisation. Symptoms of COVID-19 in pediatric cases can include:

**Most common - symptoms of a cold, including:**

- fever
- fatigue
- cough
- loss of appetite
- runny nose
- sore throat
- loss or altered sense of smell or taste
- irritability

**Less common symptoms:**

- headache
- vomiting, diarrhoea
- breathing difficulties
- poor oral intake and mild dehydration

**Serious symptoms:**

- working hard to breathe, e.g. lots of effort with fast breathing or long pauses between breaths
- very sleepy, e.g. difficult to wake or confused
- very dehydrated, e.g. less wet nappies or going to the toilet less than usual, or extremely thirsty
- severe chest or abdominal pain that doesn’t go away after pain relief
- persistent dizziness or headache
- persistent fever that lasts more than five days, or a fever in a baby under 3 months old
- pain or swelling in the legs.

This is not a list of all possible COVID-19 symptoms. Please contact the COVID@home direct line on 1800 973 363 to discuss any other symptoms that are concerning to you.