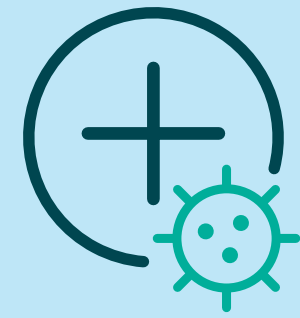


What to do if you are a positive case



If you **test positive for COVID-19** it is important you look after yourself and get help if needed.



Help is available from your regular doctor or the **COVID@homeplus program**. And if your symptoms get worse or you feel like it is an emergency call 000 or go to hospital.



You must **immediately isolate for 7 days**. If you are living with others, isolate away from them.
You must register your positive result from a rapid antigen test at coronavirus.tas.gov.au/positive-result.



Tell your close contacts that they must get tested and follow close contact requirements. For more information visit coronavirus.tas.gov.au/closecontacts.



Tell your social contacts that they must get tested if they develop any symptoms.
Tell your workplace and/or education facility.



You can leave isolation on day 7 if you have no symptoms. If you have remaining symptoms after 7 days, you should isolate for an additional 3 days, for a total of 10 days in isolation.