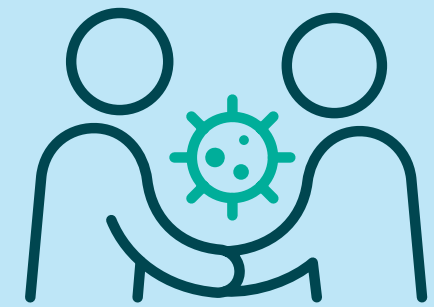
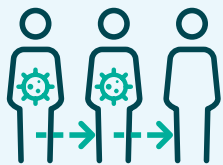


What to do if you are a close contact

Version 1.4 | 29 April 2022



A **close contact** is a household or household-like contact who has had face to face contact for more than 4 hours with a case i.e. at home or when visiting another home. Where determined by Public Health, a close contact may also be someone who has spent more than 4 hours at an event or premises where a significant transmission event has occurred.



Due to the number of COVID cases in our community there will be a number of people who become **close contacts** of a confirmed COVID-19 case.

Most people will be notified they are a close contact by the person who has tested positive for COVID-19.



Close contacts must follow rules for 7 days:

- take a test when you find out and again on day six, plus each day you leave your home
- notify your workplace
- wear a face mask indoors when outside your home
- do not attend high risk settings, such as hospitals and aged care unless you require urgent care.

Exemptions to attend high risk settings can be provided close contacts who are critical workers.



Monitor for symptoms and test (either RAT or PCR test) if symptoms develop at any time.

Close contacts that received a negative test result taken on day 6 and do not have symptoms are no longer required to follow close contact requirements but should follow COVID safe behaviours.

OR



If you test positive to COVID-19 you must isolate immediately. If you used a RAT, you are required to notify Public Health of your positive test result.

Complete the online form at coronavirus.tas.gov.au/positive-result or call the Public Health Hotline.

For more information refer to the coronavirus website.