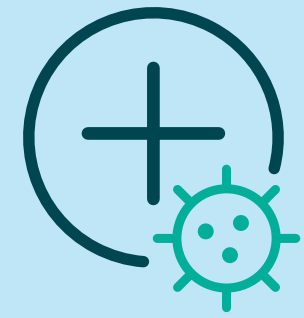


# What to do if you are a positive case



If you **test positive for COVID-19** it is important you look after yourself and get help if needed.



Help is available from your regular doctor or the **COVID@home program**. And if your symptoms get worse or you feel like it is an emergency call 000 or go to hospital.



You must **immediately isolate for 7 days**. If you are living with others, isolate away from them.

**You must register your positive result** from a rapid antigen test on the coronavirus website.



**Tell your close contacts** who are household and household-like contacts they must quarantine for 7 days.



**Tell your social contacts** that they must get tested if they develop any symptoms.

**Tell your workplace and/or education facility.**



**Wait for an email** from Public Health to be released from isolation. If you're unsure when you can leave isolation, call the Public Health Hotline on **1800 671 738**.

Public Health Hotline 1800 671 738 | [coronavirus.tas.gov.au/positivecase](https://coronavirus.tas.gov.au/positivecase)

